

## **SuperKid**

### Relay Team Information

#### 1. Why add relay teams?

We had never really had any requests for relay teams until a couple of school groups asked about it last year. So we thought about it and decided it sounded like a pretty good idea. After all, the adult events all have relays so why not the kids.

It gives kids who have a weakness in one of the sports to participate, while finding friends or family members to do the other segments of the race.

#### 2. How big is the relay team?

The ideal relay team has three kids, one doing each segment, but a team of two would also be allowed.

#### 3. Who can participate in a relay team?

Any child who is eligible to register for a race in the 7 through 15 year old groups is eligible to participate in a relay team.

Teams can be all boys, all girls, or mixed boys and girls.

We will not offer relay teams for the 6 and under age groups.

#### 4. Age limitations for teams

The ideal team would have kids who all fit into the age groups specified for each course: 7 and 8 year olds on the 7-8 year old course, etc. However, in the spirit of relays, we'd like to be inclusive of kids in family groups, or school and neighborhood groups who want to race together. We are recommending that age groupings are only from adjacent age groups. For example, a 9 or 10 year old who can't swim more than 50 yards could drop down to the 7-8 year old course and be part of a relay team that might have two 8 year olds. Similarly, a family or neighborhood group could choose to have an 8 year old who is a great swimmer step up to a team that is comprised of 9 or 10 year olds family members.

Older kids may step down to support younger family members, but we do not recommend younger kids stepping up more than one age group course.

5. When will the relay teams start?

We will be adding a relay team wave start at the end of each course grouping. The relay team for 7 – 8 year olds will be at the end of the boys and girls individual wave starts for each age, before moving on to the next course configuration.

6. How will it work?

Like adult relays, the swimmer will go into transition and pass on their timing chip to the bike rider, who will then pass it off to the runner at the end of the bike ride. The runner's time across the finish line is the total time for the team, but each segment will receive a time as well.

There will only be one assigned race number set and one timing chip per team, but each participant will receive a shirt and finishers medal.

7. Will there be a special spot on transition for relay teams?

Quite honestly, we don't know yet. If there are lots of relay teams we may need to set aside a special spot for each course grouping, or a totally separate relay team transition area.