

## SuperKid 2017 Race Information

### Dear Parents and Athletes

Please read this carefully. It contains important information about SuperKid Triathlon.

### WEATHER

The weather in Santa Cruz in October frequently experiences early morning fog so make sure you and your kids dress warmly for the early morning hours. It usually starts to clear up about 10:00am but can be pretty chilly, especially for the younger kids, early in the morning.

### RACE PACKET PICK-UP

Race Packets can be picked up on Saturday, October 14 from 1:00 pm to 4:00 pm at Simpkins Swim Center in the Community Room. This will save time on race morning if you can pick up the package early.

If you cannot pick up your packet on Saturday they will be available on race morning between 7:00 am and 10:30 am. You will need to start with the USAT check-in line first before receiving your packet. Plan on arriving at least one hour to 90 minutes early to early to pick up your packet and get set up.

### USA Triathlon Check-In and Requirements

For those of you who have registered online this year you have already paid your USAT fees and signed the waivers. If for some reason waivers have not been signed you will be asked to sign one at packet pickup.

If you mailed in an entry form you have not paid for your USAT membership as part of the race entry form. You will need to complete the waiver and pay \$10 USAT Annual Membership fee at packet pickup if your child is not already a USAT member.

We will have a complete list of everyone's status at the USAT check in table.

#### • USAT Annual Youth Members

If you have a current USAT membership for your child please bring the card with you. If you can't find the card please check on their website and print a temporary card. If that still doesn't work, we have a list of current USAT members and we can check on the number or we can look it up online. *If you registered with a card*

*that has expired you will need to complete the annual membership forms and pay the \$10 membership fee.*

• **Non-USAT Members**

Before you pick up your packet you will be have your registration status verified before proceeding to packet pickup. You can speed up this process by completing the form at the end of this packet and bring it with you to pickup.

***A note about “race day age”.*** You may find that your child is officially a year older on their race packet than the age you put down when you completed the entry form. USAT age is determined based on the athlete age on December 31. So if your child has a birthday between October 16 and December 31 they will be competing in the age group wave of their Dec. 31 age. Check the race course and distances and prepare your child in the event this is the case. ***If your child starts in another age group on race day please let us know so we can adjust for the timing.***

***Side Note: If your 6 year old turns 7 before Dec 31 but absolutely cannot manage the 7 year old bike course we will allow them to step down an age group in the interest of safety for your child. You must notify us in advance so we can make this change.***

## What's in the Race Packet?

Each registered athlete will receive a packet will contain the following items:

**Bib Number** to be worn on the front of the athlete's shirt. **Bike number** to be placed on the down tube of the bicycle. **Helmet number** to be placed on the front of the helmet.

**Swim Cap.** This year we are going to make swim caps optional because the kids generally don't like to wear them. They can pick any color cap but their wave color will be determined by a wrist band. Each child will receive a wrist band color coded to their wave start time.

**Timing Chip:** Each athlete aged 7 – 14 will have a Velcro strap with a timing chip attached to it with their packets. This chip will be required to receive a time in the event. This strap is to be worn on the LEFT ANKLE. Do not put in on the bike, or wear on the wrist. The timing chip should be worn for all parts of the event – swim, bike and run. This chip is not yours to keep. Straps and chips will be collected at the finish line by volunteers. Please be careful not to switch or swap the chip as they are coded specifically to each athlete's number. If you have multiple children racing and you think you may have mixed up the chips please see the timing people at the finish line and they will scan/verify that you have the correct chip. *Lost chips are expensive to replace. If the chip is not returned you will be billed \$30 for a replacement.*

*If you pick up a timing chip but for some reason your child does not race on Sunday you are responsible for getting that timing chip back to us.*

Ages 6 and under will have the option of receiving a timing chip. They will not receive a time without a chip.

Each athlete will also receive an event t-shirt. They will receive their **finisher medal** at the end when they cross the finish line.

## RACE DAY PARKING

There are two main areas for parking for SuperKid this year. The first area is the Ledyard Food Services lot located on 17<sup>th</sup> Avenue next door to Simpkins Swim Center. As in past years, only the front portion of the lot is available for our use. There will be a barricade or tape placed in the lot to mark off the parking area. **DO NOT PARK IN FRONT OF THE BUSINESSES** or the loading dock in any non-approved spaces. They will have you towed at your expense.

There will be parking at Shorline Middle School immediately adjacent to the pool facility

and on the other side of the large playing field. Park only legal and marked parking spaces.

If Ledyard and Shoreline are full there is additional parking at Del Mar School. To get to Del Mar School turn on Merrill Street off 17<sup>th</sup>, just past the Shoreline Middle School grounds. This is the corner with the stop sign, not the corner with the light that goes directly into the Shoreline parking lot. You will need to walk approximately a quarter of a mile from Del Mar School to Simpkins.

Additional parking is available on any of the neighborhood side streets that are not marked with permit parking.

### **BODY MARKING**

After picking up your child's race packet they will need to be body marked. If you pick up the packet on Saturday please don't forget to stop at body marking before heading to transition to get set up. Your child will be marked as follows:

Back of Left Hand: Wave Start Number Back of Left leg: Age Front of Leg: Race Number  
Arms: Race Number

*(Where else can you get permission to write all over your body with a felt pen and be seen in public?)*

### **COURSE ACCESS**

One parent per child will be allowed in transition to help drop off gear and get set up. You will receive a wristband at packet pickup that gives you access to transition. For the 7 – 15 age groups only athletes and volunteers will be allowed to remain in transition once the race has started.

You must remain behind the spectator barriers for the race. We will have a spectator area set up on the perimeter of the bike course that will allow you to see your child as they make their bike and run loops.

**YOU MAY NOT GO OUT ONTO THE RACE COURSE UNLESS YOU HAVE PERMISSION FROM THE RACE DIRECTOR (and that's a tough request to get approved!!!)**

## **WAVE STARTS and STAGING**

ALWAYS CHECK WAVE STARTS ON RACE DAY FOR ANY CHANGES. PLAN TO ARRIVE 90 MINUTES BEFORE YOUR WAVE TO GET SET UP AND READY TO RACE.

Each wave will be staged on the pool deck area prior to getting in the water. Please have your child ready to be on the pool deck at least 20 minutes prior to their start. They will have two staging areas prior to getting in the water. Please have them follow all the directions of the staff on the pool deck and make sure they get into the correct wave starts.

If for some unforeseen reason your child misses their wave start we can fix that. You will notice that there are overflow waves for the 7 and 8 year olds and the 9 and 10 year olds. These are the waves mostly likely to get a lot of last minute registrations. We only have 36 lanes available so we created an overflow wave that can also accommodate any missed wave starts in that age group. It's the same course. Just let the starters know that your child missed their wave and we can fix the timing for them.

The most up to date wave start schedule is published on the website. Be sure to check that before arriving at the pool. <http://www.finishlineproduction.com/events/triathlon/SuperKid/SKWaveStarts.html>

## **WHAT TO BRING FOR RACE DAY**

Your child will have a color coded swim cap to match their wristband so there is no need to bring an additional cap. But you should make sure you have the following items ready to the race:

Swim Suit

Swim Goggles (the they wear them)

Bike

Helmet (very important - can't race without it)

T-Shirt to wear on the bike-run portions over their swim suits or in on top.

Running Shoes

Running cap or baseball cap for sun protection if they wear one.

Towel for transition and one to dry off with.

Sunscreen

Backpack or tote bag to hold all their stuff.